


# ~JANUARY 2019 ~

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				<b>3</b> <b>Arby's</b> Chips Carrots w/Ranch Fruit	<b>4</b> <b>Chick-Fil-A</b> Chips Salad Fruit	<b>5</b>
<b>6</b>	<b>7</b> <b>Pizza Hut Pizza Day</b> Veggies & Ranch Fruit  <i>GF option</i>	<b>8</b> <b>Lasagna</b> Broccoli Salad Fruit  <i>GF option</i>	<b>9</b> <b>BBQ Brisket</b> Chips Carrots w/Ranch Fruit  <i>GF option</i>	<b>10</b> <b>Chicken Tenders</b> Mashed Potatoes w/gravy Green Beans Fruit  <i>GF option</i>	<b>11</b> <b>Arby's</b> Chips Carrots w/Ranch Fruit	<b>12</b>
<b>13</b>	<b>14</b> <b>Mini Corn Dogs</b> French Fries Chili Fruit  <i>GF option</i>	<b>15</b> <b>Stir Fry Chicken</b> Egg Rolls Salad Fruit	<b>16</b> <b>Baked Potato (reg or sweet)</b> Broccoli Brisket Fruit  <i>GF option</i>	<b>17</b> <b>Sloppy Joe</b> Chips Veggies w/Ranch Fruit  <i>GF option</i>	<b>18</b> <b>Chick-Fil-A</b> Chips Salad Fruit	<b>19</b>
<b>20</b>	<b>21</b> <div style="text-align: center;"> <b>Martin Luther King Day</b> </div>	<b>22</b> <b>Chicken Enchilada</b> Tostitos Salad Fruit  <i>GF option</i>	<b>23</b> <b>Chicken Fried Steak</b> Mashed Potatoes w/gravy Green Beans Fruit	<b>24</b> <b>BBQ Brisket Sandwich</b> Chips Carrots w/ranch Fruit  <i>GF option</i>	<b>25</b> <b>Arby's</b> Chips Carrots w/Ranch Fruit	<b>26</b>
<b>27</b>	<b>28</b> <b>Breakfast 4 Lunch</b> Biscuit w/gravy Sausage Scrambled Eggs Fruit	<b>29</b> <b>Mexi Dip-n-Chip</b> Refried Beans/Queso Salad Fruit  <i>GF option</i>	<b>30</b> <b>Hamburger (w/cheese)</b> Lettuce/Tomato/Pickles Chips Fruit  <i>GF option</i>	<b>31</b> <b>Taco Salad</b> Chips Refried Beans Fruit  <i>GF option</i>	<b>1</b> <b>Chick-Fil-A</b> Chips Salad Fruit	
<b>ITEMS AVAILABLE DAILY:</b>						
	Assorted Chef Chicken Salad Veggies Meat & Cheese	Assorted Fruit Cups Assorted Fruit Parfaits Fruit & Cheese cup Quinoa Salad Pasta Salad	Assorted Lunch Wraps Guacamole & Chips Boiled Eggs Cheese Sticks Fresh Whole Fruit	Assorted Chips Assorted Nutrition Bars Assorted Baked Goods Cottage Cheese Breakfast Taco	Pesto Spinach Salad Krab Salad Veggies w/Spinach dip	