



2026 OCTOBER

Regent Lunch Program

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27	28 Hot Dog all beef hot dog chips fresh veggies fruit	29 French Dip Sandwiches roasted vegetables french fries fruit	30 Cava-Style Bowl* rice/lentil/quinoa mix roasted vegetables pita & hummus fresh toppings fruit	01 Mexidip & Chips* taco beef refried beans chips & queso shredded lettuce fruit	02 Chick-fil-A Nuggets chips fresh veggies ranch dip fruit	03
04	05 Hamburger w/Cheese french fries fresh toppings fruit	06 Quesadillas chicken or cheese refried beans mexican rice fruit	07 Chicken Tenders* mashed potatoes & gravy green beans fruit	08 Baked Potato* shredded meat roasted vegetables salad fruit	09 Pizza cheese/pep/sausage fresh veggies ranch dip fruit	10
11	12 French Dip Sandwiches roasted vegetables french fries fruit	13 Taco Tuesday Taco Bell crunchy tacos fresh veggies fruit	FALL BREAK			17
18	19 Bean Burrito cilantro-lime rice chips & queso southwest salad fruit	20 Orange Chicken* vegetable fried rice egg roll fruit	21 Baked Chicken Parmesan breaded chicken breast housemade marinara garlic bread fruit	22 House-Made Chili cornbread or fritos fresh toppings fruit	23 Chick-fil-A Sandwich chips fresh veggies ranch dip fruit	24
25	26 Chili Dog all beef hot dog house-made chili chips fruit	27 Chipotle-Style Bowl* steak or chicken rice & beans fresh toppings fruit	28 Breakfast for Lunch chocolate chip pancakes scrambled eggs bacon fruit	29 Mexidip & Chips* taco beef refried beans chips & queso shredded lettuce fruit	30 Pizza cheese/pep/sausage fresh veggies ranch dip fruit	31

MADE IN-HOUSE:

(some items are offered daily)

Fruit Parfaits

Chicken Caesar Salad

Meat/Cheese Sandwiches

Boscós

Boneless Wings

Wraps

Buffalo Chicken Salad

Various Hot Sides

Mozzerella Breaksticks

Wow Butter & Jelly Sandwiches

*Gluten Free Option Available